

January 14, 2018

Psalm 23:2-3 Led by the Shepherd

Getting Started...

As Charles Spurgeon said, "prayer is the slender nerve that moves the omnipotent muscle of God." The Bible commands us to pray for authorities, because all authority has been established by Him to accomplish His purposes. *Seek the peace of the city where I have caused you to be carried away captive, and pray to the Lord for it; for in its peace you will have peace.* Jeremiah 29:7

Pray for our state, our city, and your own neighborhood. Pray particularly for those in authority: Senators John McCain and Jeff Flake; Gov. Doug Ducey; Congresswoman Martha McSally; Mayor Jonathan Rothschild.

Getting to Know One Another...

What is a favorite family memory that has stuck with you all the way into adulthood?

What is one thing that stood out to you from Sunday's sermon, and why?

Pastor Jack said that Jesus didn't shout instructions from the sidelines; He put on the uniform and showed us how to play. He modeled the way to perfection and calls us to follow Him. What does it mean to truly follow Christ?

More....

Read Psalm 23:2-3

How do you normally deal with weariness? What did you do the last time that weariness struck hard?

Most of us have bought into the belief that busyness is next to godliness. Thomas Edison claimed he could live on fifteen-minute naps. Einstein, on the other hand, regularly slept 10 hours PLUS he napped during the day.

How often do you tell others "I'm really busy right now?" What keeps you so busy? How much sleep do you normally get? Is it sufficient for you to function well? Explain.

Name some of the reasons you have heard -- or you have used -- for not getting adequate rest. Read Exodus 20:8-11 Why do you think that God put such emphasis on the fourth commandment?

What does it mean to keep the Sabbath "holy"?

Read Isaiah 30:15-18 According to verse 15, Israel's salvation consisted in what?

What response is described in verse 16? How often do we respond in a similar way?

What is the result of ignoring the Lord's command to rest (verse 17)?

Read Hebrews 4:1 What does the writer warn us about? Are you guilty of thinking that these verses no longer apply to you (or to any of us)?

Taking It Home...

What activities or events keep you busy? Keep a busyness journal this week. At the end of the week, evaluate how you spent your time. Are you busy doing the things that matter most?

Daily Readings

Day 1		Hebrews 4:1-11
Day 2		Exodus 20:8-11
Day 3		John 10:1-5
Day 4		Matthew 9:35-38
Day 5		Matthew 11:28-30
Day 6		Mark 6:31
Day 7		Psalm 127:2
