



Emmanuel Tucson

LifeNotes

5 February 2017

Session IX Week 4

The Language of Forgiveness -- Luke 23:34

Getting Started...

Before you start, ask someone to pray for the facilitator who will guide the discussion.

Icebreaker: If you could eliminate one thing from your schedule, what would it be and why?

What is one idea from the message that really stood out to you? Why did this grab your attention?

Define forgiveness.

Which of Sunday's 6 biblical words for forgiveness best describe the feel or challenge for you in extending forgiveness?

Read Luke 23:34. Do you agree that one of the keys to forgiveness is to accept that "they do not know"? Why or why not?

How have you been freed up by letting go of the "why" when you've been hurt?

More....

Read Mark 11:25 and Luke 6:37

Why do you think Jesus consistently emphasizes the link between receiving forgiveness from God and offering it to others?

Can forgiveness ever be real for us if we do not pass it along? Tell about a time when you've been called upon to forgive.

Do you struggle with 'taking it back' (your forgiveness)?

What has been the outcome in your own heart and life when you have forgiven by releasing judgment to God?

Read 1 John 1:8-9

How is confession different than asking forgiveness?

What is our part and what is God's part?

Close by reading Ephesians 4:26-27. Pray that the devil would never have a foothold due to your unforgiveness.

Taking It Home...

Are there wrongs you have experienced that you are refusing to forgive? Perhaps you have been hurt continually. Perhaps you are responding in a fleshly way rather than a spiritual way. Pray Ephesians 4:26-27 over your own unforgiveness.

Daily Readings

Day 1		Matthew 6:12-15
Day 2		Luke 6:37
Day 3		Luke 17:3-4
Day 4		Colossians 3:13
Day 5		1 Peter 2:22-25
Day 6		Ephesians 4:31-32
Day 7		Micah 7:18-19