
LifeNotes Fall 2017

Week of October 8, 2017

Colossians 3:5-11

Getting Started...

Pray for your group, that each one of you would be intentional about seeking the things above.

Getting to Know One Another...

Describe a time you were dressed up in fancy clothes, and a time you were grubbiest. Which is more comfortable for you? Why?

What is one thing that stood out to you from Sunday's sermon? Why?

Pastor Jack said that the practice of "putting off" (the earthly nature) and "putting on" (the new self) is an ongoing practice. It's not "one and done." What have you found that works for you in the putting off and putting on?

If you are trying to change a habit, does it work to just say "I quit"? In other words, can you just "put off" the old self without "putting on" the new?

How have you had success in these areas?

More...

Read Colossians 3:5-11

Verse 5 mentions five sins of the flesh and then Paul says those sins constitute idolatry. What do you think idolatry is, and when you examine your life, do you find evidence of it?

What does sin have to do with worship?

How might the true worship of God drown out the temptation to sin? Be creative: what are some ideas for worshiping that you could incorporate at times that are filled with temptations to sin?

Read Romans 7:18-25

Discuss this tension in your own lives.

What does it look like to make repentance a life habit?

Taking It Home...

How do you intend to take up the "practice" of repentance... not just for bad moments, but as a life habit?

Daily Readings

Day 1		Romans 7:18-25
Day 2		John 3:6
Day 3		Ephesians 2:1-5
Day 4		Philippians 3:12
Day 5		1 Corinthians 15:58
Day 6		Deuteronomy 30:18
Day 7		Galatians 6:9